

# Cookbook of Activities for Driver Education

MT CURRICULUM GUIDE

M1 or 19

Objective: Recognizing Risk Factors and how Good Habits Reduce Risk

## INGREDIENTS

- 15 Plastic Eggs
- Dry beans (risk factors)
- Large clear plastic jar with lid (This is the world we drive in.)

## INSTRUCTIONS

**Start** dropping one bean at a time into the jar.

Identify them as: Sunshine, Fog, Left curve, worn shock, crown road, loose sand, a dog, parked car. How long would it take to identify and explain all these risk factors?

**Pour** all the beans into the jar. Each of the eggs represent a good habit. List examples of good habits

**Put** the eggs in the jar with the beans, shake the jar. We have a problem, as you can see, all the good habits don't fit in our driving world. Lets spend the rest of the day deciding which of these habits that don't fit into our lives because we don't have room.

OR...should we take a different approach? We want all of them in our driving world.

**Empty the jar.** Drop in the eggs first, then pour in the beans. There's room in our driving world for all the habits even though there's lots of risks out there.

Take a handful of beans out of the jar. Ask: "What are the chances you can catch all of these? You can't it's beyond human capability. But if these risk factors are encompassed into a good habit (put beans in egg), we can deal with the risks. Throw the egg. Point out it is manageable within our driving world.

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